



Brantford City Soccer Club U8-11 HL Training Program



**** BCSC HAS THE RIGHT TO CHANGE SCHEDULES IF NECESSARY ****

DAY	TIME	DATE
Saturday	11:00am-11:45am	February 20th, 2021
Saturday	11:00am-11:45am	February 27th, 2021
Saturday	11:00am-11:45am	March 6th, 2021
Saturday	11:00am-11:45am	March 13th, 2021
Saturday	10:00am -11:45am	March 27th, 2021
Saturday	12:00am-12:45am	April 3rd, 2021
Saturday	11:00am-11:45am	April 17th, 2021

RULES:

- 1) All players will be allowed to have a maximum of 1 spectators per player in attendance, spectators are required to social distance from other families on the sidelines, due to the small number of players in each program this is easily achievable.
- 2) Players are REQUIRED to wear: A) Shin Pads AND B) Either Soccer Cleats OR Shin Pads
- 3) All water bottles should be VERY clearly labelled with your child's name to avoid confusion.
- 4) All players must bring a hard copy of the below symptom checklist to each training session
- 5) Masks will be required at all times for players and spectators, players may remove their masks once they enter the field. Prior to entrance and following exit from the field players must wear their masks.

SYMPTOM CHECKLIST-WEEKLY REQUIREMENT

Children will need to answer "NO" to each of the following symptoms to be permitted attendance at practice. This should be conducted each week prior to attending.

Do you have any of the below symptoms?			
1	a.	Fever (greater than 38.0 C)?	YES NO
	b.	Cough?	YES NO
	c.	Shortness of breath / difficulty breathing?	YES NO
	d.	Sore throat?	YES NO
	e.	Runny nose?	YES NO
2	Has anyone in your household experienced any of the above symptoms in the last 14 days?		YES NO
3	Have you, or anyone in your household travelled outside of Canada in the last 14 days?		YES NO
4	Have you, or anyone in your household been in contact in the last 14 days with someone who is being investigated as a suspected case of COVID-19?		YES NO
5	Are you currently being investigated as a suspected case of COVID-19?		YES NO
6	Have you tested positive for COVID-19 within the last 10 days?		YES NO

If an individual answers "YES" to any of the above questions, they are not permitted to participate in any in-person soccer activity for a minimum of 14 days.