

# PLAYER'S CODE OF CONDUCT

1. **REMEMBER THE GOLDEN RULE** - This is the most important rule you will ever learn in sports! Always treat your teammates, coaches, opponents and officials in the same manner that you would like to be treated. That means respect, dignity, and total sportsmanship at all times.
2. **BE A GOOD SPORT** - Play fair. Be a leader. Set the example. Rise above poor behaviour. Have fun. The way in which you conduct yourself has a long lasting effect on everybody around you. That's what practicing good sportsmanship is all about.
3. **PRACTICE THE FUNDAMENTALS** - Master the soccer basics. Practice your dribbling, shooting, passing, and defending, over and over again.
4. **LISTEN TO YOUR COACH** - You may think your coach is the best, the worst or somewhere in between. It makes no difference. If you're on the team, your job is to listen attentively to what your coach is saying. Coaches volunteer their own time to work with your team. Don't waste that time.
5. **LEARN THE RULES** - When was the last time you sat down and actually read the rule book? It is hard to say you "know" the game if you really don't know the rules of the game.
6. **NEVER QUESTION AN OFFICIAL** - Officials do not care who wins and they have no favourite players. All they want is for a fair and safe game to be played. And that's no easy job. Make it easier by not talking back to an official.
7. **PLAY HARD** - Hustle never goes out of style. Coaches absolutely love players who try a little harder. If playing hard isn't part of your game - make it part!
8. **BE PATIENT WITH YOUR TEAMMATES** - Every player on your team has certain strengths and weaknesses. Be patient with your teammates as they improve their games - just as they will be patient with you improving your game. Soccer is a team sport. Success can only come when the entire team works and plays well together.
9. **INCLUDE YOUR PARENTS** - Your parents only want the best in life for you and they always want to see you succeed. Let them into your soccer world, but remind them that there are ups and downs and your goal is to have fun. It will be good for you to have their support and fun for them to see you take responsibility as a member of the team.
10. **HAVE FUN** - It is a simple concept. Win or lose, try to enjoy every moment on the field. If playing isn't fun, then something is wrong.

# Parent's Code of Conduct

1. **FOLLOW THE GOLDEN RULE** - Always treat others (coaches, parents, officials and players) the same way that you would want you and your child to be treated. Set the example by showing respect, dignity, and total sportsmanship at all times.
2. **ACT YOUR AGE** - Youth soccer is for the kids. If you find yourself becoming too emotionally involved in what is happening on the field, take a step back and relax. Remember, your childhood is over. Give the young players the freedom to enjoy themselves.
3. **BE RESPONSIBLE** - Get your kids to practice and games on time. Make sure they have their uniform, shin guards, soccer cleats and a water bottle. Help them eat and drink right before, during and after the game. **Let your child's coach know if your child is not going to be able to be present at a game or practice.**
4. **BE SEEN, NOT HEARD** - Nothing is better for a young player than having their parents on hand to watch them play. Nothing is worse for a player than hearing a parent booing, taunting, screaming or making comments at, or about, players, coaches, fans or officials (that includes your team as well as your opponent). Offer applause and cheers of encouragement for both teams following a good play or a great effort, otherwise keep quiet.
5. **IT IS SUPPOSED TO BE FUN** - Please help make it that way. Keep smiling. Encourage enjoyment and participation over results. If it is not fun, something is wrong.
6. **MOTIVATE THROUGH CONFIDENCE** - Try and identify a positive from every game or practice to help build confidence. A young player's sense of achievement is the greatest motivator.
7. **DON'T QUESTION AN OFFICIAL'S CALL** - You may not agree with a call, but it is not your job (or the players' or coaches' either) to officiate the game. Never should an official's call be argued by anyone. Accept the call and move on.
8. **IF YOU MUST TALK WITH THE COACH DO IT 24 HOURS AFTER THE GAME** - Wait until the next day if you have an issue to discuss about how the coach is running the team. Let the heat of the moment pass. Never make a scene in front of the team as it is embarrassing for you, your children and the coach; chances are nothing will get resolved that way anyhow.
9. **PUT WINNING AND LOSING IN PERSPECTIVE** - Games have winners and losers. Keep reminding your child about this reality and the need to deal with both outcomes in a sportsmanlike manner. Young players should avoid getting too cocky when they win and too upset when they lose.
10. **AVOID THE POST GAME ANALYSIS** - Don't analyze your player's performance following every game. If you do, chances are they will avoid talking to you at all after games, or worse yet, not want you at the games at all. Let your children come to you for advice. It will have more of an impact than you going to them.
11. **PARENTS MUST SIT ON THE OPPOSITE SIDE OF THE FIELD FROM THE PLAYERS DURING ALL GAMES. THERE ARE NO EXCEPTIONS.**
12. **DON'T LEAVE YOUR CHILDREN UNATTENDED** - Brantford City Soccer Club representatives (coaches, executives, referees, staff) are not responsible for players that are left unattended at games or practices. Remember a game/practice could get called early!